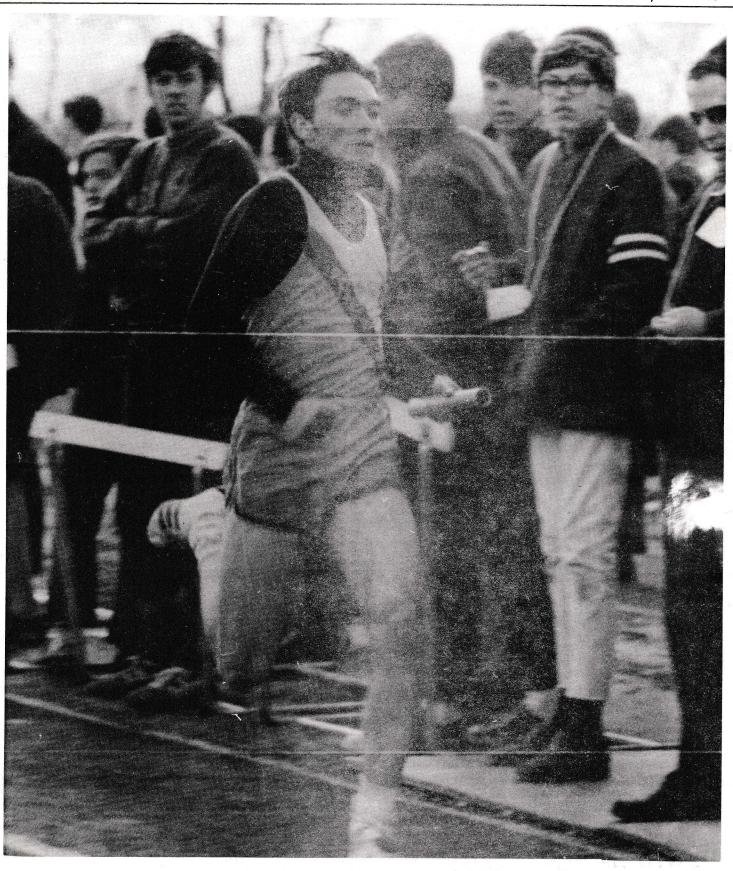
a. Willials

# PENNSYLVANIA TRACK & FIELD REVIEW

APRIL 6, 1970

VOL. 1 NO. 2

1709 FORSTER - HARRISBURG, PA. 17103



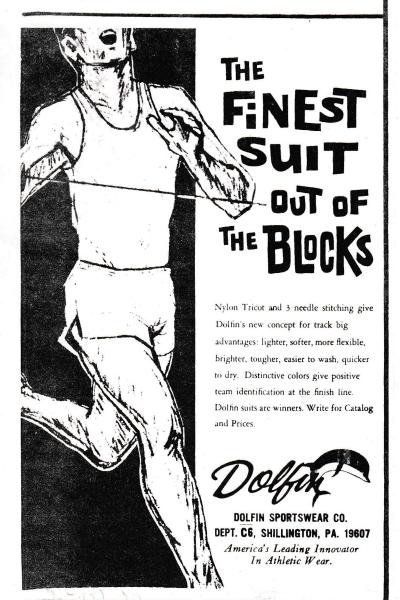
#### SCHEDULED MEETS

#### APRIL

- 11 TRI STATE COACHES OUTDOOR CHAMPIONSHIPS AT CANON-McMILLAN HIGH SCHOOL
- 18 SHIPPENSBURG INVITATIONAL (scholastic) AT SHIPPENSBURG STATE COLLEGE
- 18 CANON-MCMILLAN RELAYS
- 25 WPIAL RELAYS AT PENN HILLS HIGH SCHOOL
- 24/25 PENN RELAY CARNIVAL AT FRANKLIN FIELD, PHILADELPHIA
- 25 DICKINSON INVITATIONAL (scholastic) AT DICKINSON COLLEGE, CARLISLE

#### MAY

- 1 MT. CARMEL RELAYS AT MT. CARMEL HIGH SCHOOL
- 1 ALL WEST CONFERENCE MEET AT MCKEESPORT
- 9 CENTRAL PENN TRACK CHAMPIONSHIP AT CEDAR CLIFF H.S., NEW CUMBERLAND, PA.



The scholastic track season in Pa. got off the ground in late March, with major indoor and outdoor meets held in the Greater Philadelphia Area, Pittsburgh and at State College Pa.

Impressive performances were turned in at each of the four major March meets held across the state: The Spiked Shoe at Philadelphia; The Tri-State Coaches Indoor at The Pitt Fieldhouse; The West Chester Scholastic Invitational at The West Chester State College Fieldhouse; and The State College High School Invitational, at State College High School's Resilite all weather track.

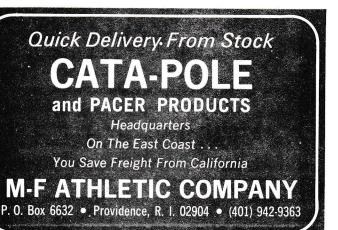
At State College, despite the cold weather, (40 degrees), Dan Smith of Penn Hills High School of Pittsburgh, exploded out of the blocks and recorded a good early season clocking in the 100 of 9.8 secs. In the same race, Walker of Mt. Lebanon picked up the 2nd spot with a time of 9.9, and the next three men, Smith of Wilkes-Barre Coughlin, Crowley of Milton, and Chuck Vennie of John Harris, all going 10.0 secs.

At West Chester, three of the best performances came in the 45 yard high hurdles, the open quarter, and the 880 run. T. Boggs of Coatesville, a team noted for a long line of fine hurdlers, skimmed over the high hurdles in championship form, to the tune of 5.6 beating D. Ewing of Norristown by 1½ yards for a record. Don Curry of Hershey captured the 880 in 2.02.8, good time around the tight (176 yards to the lap) track. In his first race of the season, Van Barbour of Chambersburg ran an easy 51.5 quarter, then came back a week later and lowered his time to 50.4 at State College in finishing second to Dan Rothermal of Mt. Lebanon who traveled the distance in 50.3.

In the high jump at Philadelphia, Mike Sperger of Bishop McDevitt High of Wyncote, Pa., cleared a height of 6.6 defeating State Class B champion Gene White of Bristol. Earlier this year, White also cleared 6.6 indoors.

The second greatest prep pole vaulter in Pennsylvania history Mark Mondschein of Haverford, already has cleared 13'7 this year. His best mark being over a foot better, (14'7½ in 1969) Mark well could be the first Pa. high schooler over the 15 foot barrier. His father is coach of field events at The Univ. of Pennsylvania.

The time of 3.28.4 by the Cardinal Dougherty Mile Relay quartet of Benny Jackson, Bob Woodward, Bill Derer, and Wayne Wright must be considered good time in respect to cold Mid-March temperatures. Come Penn Relay time, they should be in great form and shooting for a crack at the Championship of America One Mile Relay title.





Thomas Boisture, moments after winning the low hurdle race at The State College Invitational Meet. The Penn Hills hurdler skimmed over the barriers in the fine time of 7.3. Earlier, he had placed second in the high hurdles which were won by Jeff Fisher of Annville-Cleona.

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#### INFORMATION NEEDED

Noting the fact that Pa. T & F Review is in it's first season of publication, we would like to stress the importance of our receiving regular weekly information: statistics, photographs, News clippings, and short stories of interest from our readers throughout the state.

Virtually all of our information will come from a scattered corps of correspondents throughout Pennsylvania, such as yourself, who are willing to take a few minutes each week to mail us data so vital to the success of the magazine. Our task here at Penna. Track and Field Review will be to coordinate and compile. So, track coaches and fans, let us hear from you regularly.

Direct your data & information to:

Jim Bond, Managing Editor Penna. Track & Field Review 1709 Forster St., Harrisburg, Pa.

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## THE RELAY SCENE



The Pittsburgh Area and the state's finest mile relay combination during the cold month of March was L to R - D. Rothermal, J. Walker, D. Sullivan and P. Dietrich. They reeled off a 3.25.9 at State College and one week prior, a 3.39.8 indoors at The Pitt Fieldhouse.



This Speedy Penn Hills Quartet knocked off Mt. Lebanon indoors on March 21 with a fine 3.29.3 clocking. However, one week later, outdoors, Mt. Lebanon avenged their defeat. None the less, both Penn Hills and Mt. Lebanon have to be rated two of the strongest teams in the state. L to R - Jerome Thompson, Tom Boisture, Tom Walsh and Jeff Rideout.

## THE RELAY SCENE



William Penn High School of Harrisburg will go with four of these five half-milers in the two mile relay event during the current season. In view of their 1969 clocking of 7.56.5, and with three returnees (Fred Jones, George Crummel, and John Williams) back, and two others -- Ernest Wilkerson and James Walker, having plenty of experience, Penn should be the team to beat in this event. L to R -Fred Jones, Ernest Wilker-George Crummel, son, James Walker and John Williams.



Norristown's Mile Relay unit, L to R - Mike Spearman, Mike Creciun, Stan Settle, and Vance McGhee, should offer Abington High School of Suburban Philadelphia plenty of competition in this event. They captured the Mile Relay easily, at The Indoor West Chester Invitational Meet.

#### MEET RESULTS

#### INDOOR

#### TRI STATE COACHES INVITATIONAL U. OF PITTSBURGH FIELDHOUSE 3/21

An early season eye opener, a sizzling 1.56.9 880 by Don creechan of South Hills Catholic highlighted the Tri State Meet at The Pitt Fieldhouse on March 21. In running one of the fastest indoor half miles ever in Pennsylvania by a prep, he clipped 3.4 secs. off his own mark set last year.

Don Smith of Penn Hills High School of Pittsburgh covered 50 yards in 5.5, breaking the old record of 5.6 secs. Penn Hills piled up a total of 40 pts. in the 13 event meet to grab the team title.

				Penn Hills
			3.	Mt. Lebanon
	50 YARDS			
1.	Smith, Penn Hills	5.5 *		
2.	Stringer, W. Reserve (Ohio)		1.	Semkiw, Bethel Parl
3.	Williams, Westinghouse			Reihner, Washingtor
				Russell, (Salem, Oh
	50 YARD L. H.			2 80
1.	Dechellis, (Ohio)	6.2		
	Logan, (Ohio			
3.	Boisture, Penn Hills			Powers, So. Hills C
				Booker, Kiski Area
	50 YARD H.H.		3.	Montgomery, Baldwi
1.	Young, (Ohio)	6.4 +		
2.	Boisture, Penn Hills			
3.	Dechellis, (Ohio)		1.	. Booker, Kiski Area
			2.	Graynuck, Butler
	600 YARDS		3.	Gray, Butler
1.	Marstellar, Baldwin	1.13.1 *		
2.	Creechan, So. Hills Catholic			
3.	Jackson, Westinghouse			1. Penn Hills
	******			2. Baldwin
	880 YARDS			3. So. Hills Catholic
	Consider Consider Trille	1.56.9 *		4. Niles, Ohio
	Creechan, South Hills	1.00.9		5. Butler
2.	Gibson, McKeesport Gittings, Baldwin			8. Thomas Jefferson
٥.	Gittings, Baidwin			7. Kiski Area
	ONE MILE			Mt. Lebanon
	OIL WILE			9. Youngstown, Ohio
1.	Nagy, (Niles, Ohio)	4.22.8 *		Pittsburgh Westing
			1	<ol> <li>Bethel Park</li> </ol>

#### TWO MILE RELAY

1.	Penn Hills	3.29.3 *
	(Previc, Carter, Tarasi, Bacon	
2.	South Hills Catholic	
3.	Upper St. Clair	

#### MILE SPRINT MEDLEY RELAY

1.	Penn Hills		3.	40.5 *
	(Rideout, Walsh,	Richardson, I	Bacon)	

2. Ringold

3. Thomas Jefferson

#### **DISTANCE MEDLEY RELAY**

1.	Niles Ohio H.	S.	10.33.5 *
2.	Penn Hills		

#### SHOT PUT

1.	Semkiw, Bethel Park	57'10
2.	Reihner, Washington	
3.	Russell, (Salem, Ohio)	

#### POLE VAULT

1.	Powers, So. Hills Cath.	13'	$2\frac{1}{2}$
2.	Booker, Kiski Area		

rin

#### HIGH JUMP

1.	Booker, Kiski Area			6'	1
2.	Graynuck, Butler				
3.	Gray, Butler				

#### **TEAM SCORING**

1.	Penn Hills	40
2.	Baldwin	32
3.	So. Hills Catholic	29
4.	Niles, Ohio	17
5.	Butler	16
6.	Thomas Jefferson	141/2
7.	Kiski Area	13
	Mt. Lebanon	13
9.	Youngstown, Ohio	12
	Pittsburgh Westinghouse	12
11.	Bethel Park	11
	W. Reserve, Ohio	11
13.	McKeesport	7

#### MILE RELAY

1.	Penn Hills	3.29.3 *
	(Walsh, Thompson, Smith, Rideout)	
2.	Mt. Lebanon	3.29.8

2. Gittings, Baldwin 3. Benedict, (Niles, Ohio)

3. Baldwin

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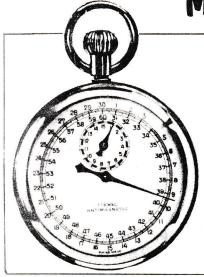
With illustration and example from the training routines of top-class runners (such as Amby Burfoot, Bob Deines, Tom Osler, and Ed Winrow), as well as some lesser lights, the book shows how LSD has been a dramatic aid to performance and should provide food for thought to many.

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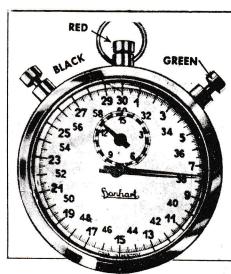
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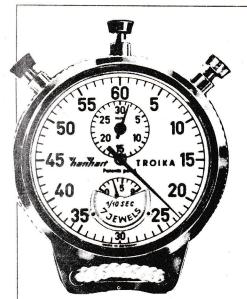
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#### MEET RESULTS

#### OUTDOOR

24TH ANNUAL SPIKED SHOE MEET ATFRANKLIN FIELD, PHILADELPHIA 3/21

St. Joseph's H. S. of New Jersey may well have an All American Shot Putter, (Steve Adams) come June. At this early date, he has uncorked a toss of  $61.0\frac{1}{2}$ .

Wayne Wright of Cardinal Daugherty defeated the 1969 Pa. State PIAA 440 yard dash champ, Bill Neely of Abington with a sound clocking of 49.8, a time which could be considered excellent, during the prevailing cold, bone chilling month of March. Neely should pick up momentum as the season progresses --- he's fresh out of the basketball season, competing with Abington's hardwood quintet just prior to this meet.

#### DIVISION ONE (Enrollment 700 plus)

#### 60 YARDS

1.	Ronald Shaw	Bartram		6.	3
2.	Jim Coates,	Overbrook		· 1.	
3.	Randy Barnes	Abington			
4.	Benny Jackson	Dougherty		1 1	
5.	Steve Anderson	Olney			

#### 60 YARD H.H.

1.	James Robinson	Camden, N.J.	7.3
2.	Don West	Abington	
3.	Larry Lewis	Coatesville	
4.	Tom Coccia	Seton Hall Prep	
5.	Mark Mondeschein	Haverford	

#### 440 YARDS

1.	Wayne Wright	Dougherty	49.8 *
2.	Bill Neely	Abington	
3.	Jim Carter	Seton Hall Prep	
4.	John Riva	Seton Hall Prep	
5.	Vic Waye	Neshaminy	· «

#### 880 YARDS

1.	Jim Ryan	Seton Hall Prep		2.00,6
2.	Jerry Fay	Seton Hall Prep		· /:
3.	Francis Klick	Bonner		
4.	Tony Natale	Cardinal O'Hara		
5.	John Blumenstock	Father Judge		

#### ONE MILE

1.	Rich Jacouini	O'Hara	4.30.1
2.	Paul Donovan	Seton Hall Prep	
3.	Sam Ruth	North Penn	
4.	Dave Marrington	Neshaminy	
5.	Robert Crossin	Father Judge	

#### TWO MILE

	10 Mg W 1 2000		
1.	James Koster	Ridley	9.40.3
2.	Joe O'Rourke	Bartram	
3.	Ray Tomczuk	Father Judge	
4.	Bob Brewer	Archbishop Wood	
5.	Pete Van Ingen	Springfield	1,00

#### MILE RELAY

	Cardinal Dougherty Abington	5			3.2	8.4
3.	Seton Hall Prep	A.				
4.	St. Joseph's Metuchen	4.7				
5.	Bartram					

#### TWO MILE RELAY

1.	West Chester	8.08.5
2.	West Catholic	
3.	Cardinal Dougherty	
4.	St. Joseph's Metuchen	
5.	Pennsbury	

#### SHOT PUT

1. Jim Stiles	Millville, N.J.	58.81/2
2. Tom Lacey	Abington	
3. Dinicola	St. James	
4. Chris Herman	St. Joseph's Metuchen	
<ol><li>Bernie Prohaski</li></ol>	St. Joseph's Metuchen	

#### HIGH JUMP

	Les Bennett	St. Joseph's Metuchen	6.2
2.	Chris Adams	Abington	
3.	Steve Ketels	Lower Merion	
4.	William Spengel	North Penn	
5.	Wayne Michaelcavage	e Haverford	
	David Hall	Lower Merion	

#### POLE VAULT

1.	Mark Mondeschein	Haverford	13.7 *
2.	Ed Fetzer	West Catholic	
3.	Larry Reese	Abington	
4.	Brian Mondeschein	Haverford	
5.	Mike Holmes	Neshaminy	

#### **TEAM SCORING (DIVISION 1)**

	,	
1.	Abington	26
2.	Seton Hall Prep	24
3.	Cardinal Dougherty	17
4.	St. Joseph's Metuchen	13
5.	Bartram	11
6.	Haverford	91,2
7.	Cardinal O'Hara	8
8.	West Catholic	8
9.	Camden	6
	Millville	6
	Ridley	6
	West Chester	6
13.	Father Judge	5
	North Penn	5
15.	Neshaminy	4
	Overbrook	4
17.	Lower Merion	$3\frac{1}{2}$
18.	Bonner	3
	Coatesville	3
	St. James	3
19.	Archbishop Wood	2
20.	Olney	1

Springfield

24TH ANNU	JAL SPIKED SHOE I	MEET					
FRANKLIN F	IELD, PHILADELPH	11A 3/21	1.	Delbarton		3.24	.1 *
	and the second		9	(Goodyear, McDona St. Aloysius	ild, Lang, Cole)		
				St. Benedict's			
IVISION TWO (En	rollment under 700)			JFK	Iselin		
•	, s			Bishop McDevitt			
	60 YARDS				O MILE RELAY		
John Doules	Dantfand	4.0.1			*		
. John Boxley L. Wheeler Robinson	Deptford Clearview	6.2 +		Roselle, N.J. Cath	olic	8.03	. 4
. Mike Bush	Paul VI			Archbishop Carroll	2		
. Daniel Trahey	St. Joseph's			JFK	Iselin		
. Tom Burke	JFK, Iselin			Bishop McDevitt			
	•	* ·	5.	Paul VI			
	60 YARD H. H.				SHOT PUT	*	
. Paul Riccardi	JFK	7.3		Steve Adams	St. Joseph's	61	$0^{1/2}$
(Riccardi 7.2 trial		7.2 *		Robert Brady	St. Joseph's		
2. Craig Loudy	Woodbury, N. J.			Harry Dilkes	Pittma n		
. Gene White	Bristol			Mike Chapman	Paul VI		
. Jedd Hauck	St. Joseph's		5.	Tom Chapman	Paul VI		
. Gene Hortz	Overbrook Reg.				HIGH JUMP		
	440 YARDS		1	Mike Sperger	Bishop McDevitt	e.	.6 *
				Gene White	Bristol	0	۰0 ۳
. Steve Riccardi	IDZ	40.0 *		Henry Englebrecht	C. Brothers		
. Steve Riccardi	JFK Delbarton	49.8 *	4.	Eric Edwards	Souderton		
. Jim Gillard	Rosselle, N. J.			Paul Dougherty	St. Joseph's		
Bill Johnson	Chichester			Dougherty	Dir geoepii o		
. Robert Berglund	Pennsauken, N. J.				POLE VAULT		
	Section 1		1.	Jim O'Neill	Bishop McDevitt	13	3.0 *
			2.	Steve Raab	Bishop McDevitt		
	880 YARDS		3.	Steve Goodrich	Great Valley		
	COO TANDO		4.	Roland Hardy	Deptford		
1 Mark Sickels	St. Benedicts	1.50.0	5.	Rich Goodrich	Great Valley		
2 Rich McDonnell	St. Joseph's	1.59.0					
3 Jim Lamb	Bishop McDevitt						
4 Gerry Ghuzzi	Roselle, N. J.			TI	EAM SCORING		
5. Mike Flanagan	Holy Ghost				LAM SCORING		
			1	. St. Joseph's Re	gional	25	
	ONE MILE		2	. Bishop McDevit	t	22	
			3	. JFK, Iselin		18	
1. Robert Yienst	Conrad Weiser	4.26.0	4	. St. Benedict's		16	
2. Chris Zoller	St. Joseph's		5			11	
3. Mike Bates	Hatboro				30 NO 8		
1. Ken Bender	St. Joseph's			a me a su, secure de amoramento como	C	101/2	
6. Jack McKee	St. Benedict's			. Paul VI		10	
	8. 8			. Deptford		8	
			9	. Bristol		7	
	TWO MILE					6	
	TWO MILE		10	. Conrad Weiser			
. Pete Kelly	TWO MILE  St. Benedict's	9.29.9 *		<ul> <li>Conrad Weiser</li> <li>Archbishop Carr</li> </ul>	oll	4	
. Pete Kelly 2. Mike Butynes		9.29.9 *			oll		
	St. Benedict's	9.29.9 *		. Archbishop Carr Great Valley	roll	4 4	
2. Mike Butynes 3. Tom Mackin 4. Norman Beldin	St. Benedict's Sterling	9.29.9 *		. Archbishop Carr Great Valley St. Aloysius	oll	4 4 4	
2. Mike Butynes 3. Tom Mackin	St. Benedict's Sterling Paul VI	9.29.9 *		. Archbishop Carr Great Valley	roll	4 4	

MILE RELAY

#### DISTRICT ELEVEN REPORT

by Todd H. Jones

The 1970 track season in the Lehigh Valley area may lack the depth of previous years but there should be excellent performances from the likes of Easton's Mickey Collins (4:31.6 mile as a soph.), Liberty's Tommy Donchez (19.2 lows as a Junior), Freedom's Gleen Hauze (13'0'' pole vault as a Junior). Other athletes to watch are Nazareth's George Mucha (10.3/22.9 in the sprints), Bangor's Jeff Swope in the discus, Pen Argyl's Dave Vough (10.4 as a soph.) and William Allen's Glenn Pryor (2:11.3 half-mile as a summer frosh).

Collins, a small but mighty runner who resembles the great Gerry Lindgren, is potentially the finest distance prospect to ever appear on the District XI scene. He has done the indoor two mile in a very good 9:48 which is more than 15 seconds faster than the District XI Class A meet record. Last year he competed at nearby Notre Dame High which has no regulation track. He should do much better at Easton this spring simply because of better competition.

Donchez, a powerful 6-2, 195 pound runner who received BIG 33 football honors, is an excellent sprinter with a best 100 time of 10 flat. His 180 low hurdles time is easily the best ever run by a District XI athlete and he will be a strong entry in this event at the PIAA state meet.

Hauze is a fabulous competitor who really came around in summer meets. He possesses excellent vaulting form despite his relatively small size. The Freedom ace has done 13-6 unofficially and appears a cinch to break the alltime District best of 14-1 set by Northampton's Joe Steffie in 1968.

Kocher won last year's District B high jump competition and is a threat to surpass the alltime District best of 6-4½ shared by three other athletes. This past winter he starred on the Palmerton basketball team.

Nazareth's George Mucha could be a top sprint prospect if he ever reaches the potential displayed when he ran 10.3 as a frosh three seasons ago. Injuries have cut down the Blue Eagle star's progress but he nevertheless won the District B 220 last spring with a personal best of 22.9. The new Nazareth coach this spring happens to be George's brother-in-law (Ray Nunamaker). George may respond by breaking the school standards of 10 flat and 22 flat.

Jeff Swope of Bangor is big (about 6-1, 205) but sometimes erratic in his favorite event, the discus throw. He has several throws over 150 feet despite not using the conventional spin. If Jeff decides to use the regular method this year, watch out! He could topple the 170° mark.

Pen Argyl is better known for its football teams but it has a legitimate sprint prospect in Dave Vough, only a junior. He is the school's best track prospect since 1968 state hurdles champ, Steve Lobb.

The most amazing track and field performance in the District last season actually occured after the scholastic school year. Allentown's Glenn Pryor clicked off an astonishing 2:11.3 half mile in winning the boys' 12-13 event in the Stanley Memorial held at Nazareth. There is only one other known USA schoolboy who has run faster at the same age. Pryor should be tough this spring despite his tender age of only 14.

#### CINDER SPRINTS

All District XI track coaches are requested to send 1969 seasonal info (athlete, event, class, best performance) to Todd Jones, 48 S. Broad, Nazareth, Pa. 18064. We will try to use as much as possible in the upcoming issues of Pennsylvania Track and Field Review --- Bill Pilconis, a 14.4 hurdler at Panther Valley in 1967, was a member of the football team at Pittsburgh this past fall ---Frank Scagliotta, Bangor's great 23-1 long jumper in 1967, was a key performer on Muhlenberg's basketball team this past season --- only five Pennsy sprinters have ever run 9.6 but the District can claim two of them (Gary Wagner of Parkland in 1965 and John Neyer of Pottsville in 1939) --- only District athlete to surpass magic 200-foot mark in javelin was Nazareth's Run Musselman in 1968.

#### MEET RESULTS

#### INDOOR

### 3RD ANNUAL WEST CHESTER INVITATIONAL MEET 3/21

Bill Butler, meet director of the high school invitational meet at The West Chester State College Fieldhouse, and assistant coach at WCSC, conducted an excellent indoor meet for schoolboys, which ran right on schedule throughout.

On the 10 lap to the mile grasstex track at The West Chester Fieldhouse, junior, Mickey Collins of Easton shattered a record in the two mile and lived up to preseason predictions of being one of eastern Pennsylvania's better distance runners. He captured the event by a narrow margin of 1 yard over a strong Scott Mellinger of Govenor Mifflin High School, 9.48.8 to 9.49.0.

#### 45 YARDS

		45 FANDS	
1.	R. Smith	Coughlin	5.0
2.	J. Gilmore	Reading	5.1
3.	D. Kehr	York Suburban	5.1
4.	N. Zorate	Easton	5.1
5.	G. Ross	Milton Hershey	5.1
		45 YARD H H	
1.	T. Boggs	Coatesville	5.6
2.	D. Ewing	Norristown	5.8
3.	J. Fisher	Annville-Cleona	5.9
4.	B. John	GAR, Wilkes-Barre	5.9
5.	D. Salks	Muhlenburg	6.0
		440 YARDS	
1.	Van Barbour	Chambersburg	51. <b>5</b>
2.	Mike Creciun	Norristown	52.4
3.	Kane High	Govenor Mifflin	54.5
4.	Mark Lucas	Wyoming Valley	54.6
5.	Denny Hollingsworth	Ephrata	54.8
		880 YARDS	
1.	Don Curry	Hershey	2.02.8
2.	Frank Vanuk	Wyoming Valley	2.03.6
3.	M. Riley	Coughlin	2.06.5
4.	D. Roughsedge	Meyers	2.07.3
5.	Dave Batt	State College	2.09.1
		ONE MILE	
1.	E. Zarneski	Meyers	4.40.8
	B. Meminger	Mechanicsburg	4.41.4
3.	M. Nallon	Coughlin	4.45.4
4.	G. Dixon	State College	4.45.5
5.	G. Borges	Annville-Cleona	4.47.0

#### TWO MILES

1.	Mickey Collins	Easton	9.48.8
2.	Scott Mellinger	Gov. Mifflin	9.49.0
3.	Jeff Bradley	Hempfield	10.14.0
4.	T. Height	Meyers	10.20.3
5.	Andy Ramsey	State College	10.24.0
		*	
	4 LAP	RELAY (704 YARDS)	
1.	Wilkes-Baree Coughlin	n	1,19,7
2.			1.19.9
3.	Reading		1.20.6
4.	Annville-Cleona		1.20.8
5.	Coatesville		1.20.9
	ON	E MILE RELAY	
1	Norristown		3,42,5
2.	- <del>17</del> .5		3.45.6
	Easton		3.48.0
-	Cumberland Valley		3.48.3
	Milton Hershey		3.48.6
	TV	O MILE RELAY	
1.	State College		8.38.0
	Annville-Cleona		8.41.4
3.	Wilkes-Barre Coughlin	1	8.44.1
4.	_ 0 -1 0		8.45.4
5.	Wyoming Valley West		8.54.6
		SHOT PUT	
1	Gary Martin	Cumberland Valley	49,1114
	Dick Fidler	Govenor Mifflin	48.73/4
	Rich Tamanini	Wyoming V. W.	48.71/2
	Bill Keet	Mechanicsburg	47.31/2
1000	Kim Hoke	Annville-Cleona	47.0
		HIGH JUMP	
		*	
	Bill Kline	Annville-Cleona	6.13/4
	L. Crawford	Coughlin	
3.	Jack Weaver Lemoyne Keeper	Penn Manor Muhlenburg	
5.		Mumenourg Cumberland Valley	
U.	MILE MICAGIS	Oumourain variey	

On the cover, Doug Bacon, a senior from Penn Hills High School of Pittsburgh, completes his half mile leg in anchoring the winning sprint medley team at the State College Invitational Meet on March 28th. Penn Hills was clocked in 3.42.4, almost four seconds faster than second place York Suburban High School.

### MEET RESULTS OUTDOOR

### STATE COLLEGE HIGH SCHOOL INVITATIONAL 3/28

100	VA	DDC

		100 TARDS	
1.	Smith	Penn Hills	9.8
2.	Walker	Mt. Lebanon	9.9
3.	Smith	Coughlin	10.0
4.	Crowley	Milton	10.0
5.	Vennie	John Harris	10.0
		60 YARD H.H.	
1.	Fisher	Annville-Cleona	7.6
2.		Penn Hills	7.8
3.	Wilson	West Chester	8.0
4.	Lareau	Warren	8.1
5.	Singer	Altoona	8.1
6.	Klueber	Easton	8.1
	m.: 1. /*		
	Trials: (Lareau 7	.7 & Klueber 7.7)	
		60 YARD L. H.	S. 287
	1	10 L. 76 C. 77 S	
1.	Boisture	Penn Hills	7.3
2.	Spiller	Milton	7.4
3.	Coulter	Meyers	7.5
4.		Easton	7.5
5.	John	G. A. R.	7.6
		440 YARDS	
		440 TANDS	
1.	Rothermal	Mt. Lebanon	50.3
2.	Barbour	Chambersburg	50.4
3.	Kostelnik	Central Cambria	51.8
4.	O'Neill	Warren	52.1
5.	Hollingsworth	Ephrata	53.2
		ONE MILE	
1.	Synnott	Mt. Lebanon	4,28,0
2.	Anthony	West York	4.37.9
3.	Cook	Chamsburg	4.39.0
4.	Black	Elizabethtown	4.46.3
5.	Tibbetts	Annville-Cleona	4.48.7
		TWO MILES	
1.	Taylor	Penn Hills	9.35.8
2.	Collins	Easton	9.42.2
3.	Halterman	West York	10.00.3
4.	Lester	Mt. Lebanon	10.07.1
5.	Ramsey	State College	10.38.0



Confident, Jerome Thompson, leadoff man on the swift Penn Hills mile relay quartet, gets off to a quick start at the State College Invitational. However, his team had to settle for a third place in this one which was won by Mt. Lebanon in record setting time of 3.25.9, and Henderson High School of West Chester, Pa., which placed second.

#### ONE MILE RELAY

1.	Mt. Lebanon	3.25.9
	(Jones, Sloan, Malikowski, Ravenzahn)	
2.	Henderson H.S., West Chester	3.29.0
3.	Penn Hills	3.35.0
4.	Ephrata	3.36.4
5.	West York	3.36.7

#### 880 RELAY

1.	Penn Hills	Thomas Didana	1.34.5
9	John Harris	n, Thompson, Rideout)  Harrisburg	1,35,0
	Milton	Hallisburg	1.36.1
	Elizabethtown		1.36.7
-	Wilkes-Barre Coug	hlin	1.36.8
	SPRI	NT MEDLEY RELAY	
1.	Penn Hills		3.42.4
	(Walsh, Smith, Rid	eout, Bacon)	
2.	York Suburban		3.46.0
-	Easton		3.49.6
	Milton		3.50.8
Э•	Altoona		3.56.1
	TV	NO MILE RELAY	
	Mt. Labarar		0.40.0
1.	Mt. Lebanon (Synnott, Beckes, S	Sullivan McUale)	8.10.2
2.		West Chester	8.12.3
	Penn Hills	West Chester	8.23.2
	West York		8.29.9
5.	State College		8.39.4
	de la		
	FO	UR MILE RELAY	
1.	Penn Hills		18.54.4
	State College		19.27.0
	Henderson	West Chester	19.55.5
4.	York Catholic		20.13.3
5.	Meyers	and the second s	20.13.4
		SHOT PUT	
1.	Brenneman	West York	$51.4\frac{1}{2}$
2.	McMullen	State College	48.81/2
	Hoke	Annville-Cleona	47.3
-	Tucker	John Harris	46.71/2
5.	Herr	York Suburban	46.7
POLE VAULT			
	m)	G11'-	
1. 2.	Thomas	Coughlin Milton	11.6
2. 3.	Walize Ruppert	Wilkes-Barre Meyers	11.0 1 1.0
4.	Marshall	Chambersburg	11.0
7.	Marshari	Chambersburg	11.0
		HIGH JUMP	
1.	Kline	Annville-Cleona	6.0
2.	Wadsworth	Elizabethtown	6.0
3.	Booker	Penn Hills	5.10
4.	Crawford	Coughlin	5.10
95.7	20 50 50 50 50 50 50 50 50 50 50 50 50 50		

#### SCHEDULED MEETS

#### APRIL

- 11 TRI STATE COACHES OUTDOOR CHAMPIONSHIPS AT CANON-McMILLAN HIGH SCHOOL
- 18 LOWER MERION RELAYS
- 18 SHIPPENSBURG INVITATIONAL (scholastic) AT SHIPPENSBURG STATE COLLEGE
- 18 CANON-MCMILLAN RELAYS
- 25 WPIAL RELAYS AT PENN HILLS HIGH SCHOOL
- 24/25 PENN RELAY CARNIVAL AT FRANKLIN FIELD, PHILADELPHIA
- 25 DICKINSON INVITATIONAL (scholastic) AT DICKINSON COLLEGE, CARLISLE

#### MAY

- 1 MT. CARMEL RELAYS AT MT. CARMEL HIGH SCHOOL
- 1 ALL WEST CONFERENCE MEET AT MCKEESPORT
- 9 CENTRAL PENN TRACK CHAMPIONSHIP AT CEDAR CLIFF H.S., NEW CUMBERLAND, PA.

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#### BEST PERFORMANCES TO DATE

#### MARCH 30, 1970

EVENT	CALIFORNIA		PENNS Y L VA NIA	
100	G. Peppars, Compton	9.5	Don Smith, Penn Hills	9.8
220	S. Burns, El Cerrito	21.8	\$	
440	M. Robinson, Long Beach	48.4	Wayne Wright, Philadelphia (Cardinal Dougherty)	49.8
880	B. Tubb, Montclair	1.55.2	Don Creechan, South Hills (Catholic - Pittsburgh)	1.56.9
Mile	C. Mork, Fremont	4.19.6	Robert Yiengst, Conrad Weiser	4.26.0
TWO MILE	D. White, Orange	8.59.8	Bill Louv, Upper Merion	9.20.3
120 H H	Greg Randall, Sacramento	14.0	·	
	Hall, Inglewood (twice)	14.2		
180 L H	Hall, Inglewood	18.8		
	R. Ishman, Compton	18.8		
LONG JUMP	J. McAllister, Pasadena	24.6		
POLE VAULT	White, Compton	14.1	Mark Mondschein, Haverford	13.7
	Evans, Torrance	14.1		
HIGH JUMP	R. Fulkerson, Santa Fe Springs	6.9%	Gene White, Bristol	6.6
			Mike Sperger, Bishop McDevitt (Wyncote, Pa.)	6.6
SHOT PUT	R. Withrow, Pasadena	62.11	Semkiw, Bethel Park	57.10
MILE RELAY	Morningside High School Inglewood, Calif.	3.20.8	Mt. Lebanon High School Pittsburgh, Pa.	3.25.9
TWO MILE RELAY	γ		West Chester, Pa.	8.08.5

The splits on the Mt. Lebanon One Mile Relay Team 3.25.9 at The State College Inv. were as follows: 1st leg, P. Dietrich, 51.2; D. Sullivan 52.0; J. Walker 52.8; and D. Rothermal, 49.9.

# PENNSYLVANIA TRACK & FIELD REVIEW 1709 FORSTER STREET HARRISBURG, PENNSYLVANIA 17103

#### COMPILED BY LOWELL C. BOND & ASSOCIATES

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Six Issues \$2.00 1970 Season

Mailing dates:

March 23

April 6

April 20

May 4

May 18

June 1

Checks and Money Orders should be made payable to:

PENNSYLVANIA TRACK & FIELD REVIEW

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COMING IN NEXT ISSUE APRIL 20
ALL TIME BEST PENNSYLVANIA HIGH SCHOOL
TRACK & FIELD PERFORMERS IN EACH EVENT 10 to 25 deep chronological lists

compiled by staff writer Todd H. Jones